

# BATHROOM SAFETY

## DROWNING:

- Never leave your child unattended in the bathtub, and do not rely on an older sibling to watch young children.
- Bath seats and rings are not safety devices. Smaller children can easily slip out of them into the water, or hurt themselves on the side of the tub.
- Be sure to empty the tub immediately after the bath (any remaining water is a drowning hazard).
- Place safety covers over doorknobs, to keep kids from opening doors. Younger children can drown in toilets, so always keep lids down and install toilet locks.

## BURNS & SCALDS:

- Install anti-scald devices on water faucets and shower heads. This will stop the flow of water if it gets too hot.
- Always check the water temperature with a temperature-sensing bath toy, or your wrist or elbow, before bathing a baby, toddler or young child.
- Never leave hair dryers, flat irons or other heat-producing appliances unattended. These items can heat quickly, and stay warm after use. Always unplug them, and tuck the cord away, or store them after you are done.
- Be sure to use ground fault circuit interruptors (GCFI) in all outlets.

## SLIPS & FALLS:

- Use non-slip mats inside and outside of the tub or shower.
- Install safety bars inside tubs and showers.
- If your shower has a glass door, be sure it is shatterproof.

## POISONING:

- Keep all medicines, personal-care products and household cleaners locked up. Install safety locks, latches and doorknob covers to keep kids from opening drawers, cabinets, closets and doors that contain these things.

## IN CASE OF AN EMERGENCY:

- Learn CPR, and make sure those who are supervising your children know it, too.

### DOWNLOAD THE MAKE SAFE HAPPEN APP

Developed in partnership with the safety experts at Nationwide Children's Hospital, the app helps you make your home safer. Get room-by-room safety checklists, link to recommended products, and set reminders.



CONTENT DEVELOPED IN ASSOCIATION WITH:

