



MAKE SAFE HAPPENSM

LEAD POISONING

BEFORE BUYING OR RENOVATING A HOME:

- If your home was built before 1978, make sure to have it inspected for lead. Find a certified inspector or risk assessor at epa.gov/lead.
- Try not to have children and pregnant women in the home while you are renovating.

PREVENTING:

- Go through your home and get rid of lead-based products. Make sure to check recalls.gov for the latest information on products or toys, which might have been recalled for lead.
- If you find lead, make sure your child does not have access to it, such as peeling paint or chewable surfaces.
- Wash all toys and make sure your children wash their hands on a consistent basis. Also mop floors and wet-wipe windows when possible.
- Some plumbing may have lead, which can affect your water. Use cold water for drinking and cooking. Also run water for 15 to 30 seconds before drinking it, especially if you have not used the water for a few hours.
- Try to limit your children playtime in bare soil. Soil, along with paint and dust, are the most common sources of lead.

- Encourage a “shoes-off” policy around the house to avoid anyone bringing in lead-contaminated soil.
- Keep any hobbies and jobs, which involve lead, such as pottery, auto body repairs or renovations, outside the home. And wash your clothes separately as to not bring in any lead.
- Avoid keeping folk remedies, such as greta and azarcon, around the house, as well as imported food and candies.

IN CASE OF EMERGENCY:

- If you think your child may have lead poisoning, bring them to their doctor for a simple blood test. It's the easiest way to determine if lead poisoning has occurred.
- If you suspect your child has severe reactions to lead poisoning, call the Poison Help line 1-800-222-1222 or 911 right away.
- Put the Poison Help number into your home and cell phones, and in a highly visible place (like the refrigerator) where all caregivers can see it.

DOWNLOAD THE MAKE SAFE HAPPEN APP

Developed in partnership with the safety experts at Nationwide Children's Hospital, the app helps you make your home safer. Get room-by-room safety checklists, link to recommended products, and set reminders.



CONTENT DEVELOPED IN ASSOCIATION WITH:

