

STRANGULATION

WINDOW COVERINGS:

- Choose window coverings without cords whenever possible. This is safest when you have young children in the home.
- For window coverings with separate cords (to adjust your curtains and blinds) or a cord that loops:
 - Snip the cord to get rid of a dangerous loop that can cause strangulation.
 - Use a cord shortener to keep the cords up high and out of a child's reach.
 - Tuck all cords near the top of the windows, and check them when your child is in the room, to make sure they haven't fallen.
- Move all furniture and toys away from windows. This can help prevent children from climbing to grab cords that would normally be out of reach.

OTHER STRINGS:

- Never tie strings to a pacifier or toy, and make sure that none of your child's toys have cords or strings longer than 12 inches.
- Remove necklaces, purses, scarves, bibs, or clothing with drawstrings when your child is playing or sleeping. Also, do not allow young children to use drawstring bags as backpacks.
- Avoid the decorative posts (finials) on the corners of beds, as your child's clothing or toys can get caught on or wrapped around them.
- The most common cause of playground-related deaths is strangulation from clothing, strings or ropes. Do not allow children to add these things to playground equipment.

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Developed in partnership with the safety experts at Nationwide Children's Hospital, the app helps you make your home safer. Get room-by-room safety checklists, link to recommended products, and set reminders.



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