



MAKE SAFE HAPPEN®

DRY DROWNING

THE RISK:

- If your child struggled underwater, there's a risk
 - Underwater and came up choking or coughing
 - Became unconscious (or can't remember being) underwater
 - Had to be rescued. Never let a child back into the water if this happens

PREVENTION:

- Teach your kids how to swim or enroll them in swim lessons. They can be introduced to water at six months old, and lessons can start at age one
- Learn CPR and first aid
- Make sure your child doesn't swallow a lot of water in the pool, hot tub or even during bath time

WHAT TO LOOK FOR:

- Difficulty breathing
- Extreme tiredness
- Persistent coughing
- Behavior changes (feeling sick, acting too sleepy or not being able to think straight)
- Vomiting
- If your child has these symptoms after getting out of the water, seek immediate medical treatment and don't put him or her to bed

DOWNLOAD THE MAKE SAFE HAPPEN APP

Developed in partnership with the safety experts at Nationwide Children's Hospital, the app helps you make your home safer. Get room-by-room safety checklists, link to recommended products, and set reminders.



CONTENT DEVELOPED IN ASSOCIATION WITH:

