



MAKE SAFE HAPPEN®

# E-NICOTINE POISONING

## KEEP E-CIGARETTES UP AND AWAY:

- Make sure all e-cigarettes, e-nicotine refills and cartridges are locked up or stored out of your child's sight and reach.
- Whenever possible, choose products with child-resistant packaging.
- Follow the instructions on the label to properly dispose of e-cigarettes and their parts. Even a small amount of e-nicotine can be dangerous, so keep discarded refills away from kids.
- Try not to use e-cigarettes when kids are around. But if you do, never take your eyes off of them. Vapes are easy to pull apart, and their small parts can also make them a choking hazard.

## IF YOU THINK THERE'S A PROBLEM:

- If your child has been in contact with e-nicotine, his or her symptoms may include:
  - Vomiting
  - Fast heartbeat
  - Feeling jittery and unsteady
  - Difficulty breathing
  - Increased saliva
- If you suspect your child has swallowed or may have come in contact with e-nicotine, don't force them to vomit. Immediately call the Poison Help number at 1-800-222-1222.
- If your child is unconscious, not breathing, or having seizures call 911 immediately.

---

## DOWNLOAD THE MAKE SAFE HAPPEN APP

Developed in partnership with the safety experts at Nationwide Children's Hospital, the app helps you make your home safer. Get room-by-room safety checklists, link to recommended products, and set reminders.



CONTENT DEVELOPED IN ASSOCIATION WITH:

