

HIGH CHAIR SAFETY

TYPES OF SEATS:

- Make sure to select a JMPA certified high chair or booster seat, which means that it meets current safety standards, and check to make sure that it has not been recalled at recalls.gov
- The most important safety features are the safety straps and a crotch post.
 - The safety straps should fit snugly, to keep your child in place.
 - The crotch post will keep your child from slipping and sliding under the tray table and out of the bottom of the chair.
- A full sized high chair usually has a wide, sturdy base, and it can be adjusted to different heights as your child gets older.
- If you need to regularly move or store your high chair, a foldable model or a model with wheels can be helpful. However, make sure that the chair is open to the right position and lock the wheels in place before you put your child in.
- If you opt for a booster seat, make sure your child has the muscle coordination to sit up in one and that you are attaching it to a sturdy chair.
- Avoid using travel/portable chairs that clip on or strap to tables, since you can not be sure that every table can accommodate the weight of your child, and that the seat is secure.

SAFE USE OF SEATS:

- Use all of the enclosed safety straps and harnesses each time your child is in the chair.
- Make sure the tray table area is securely locked onto the chair, but remember, this is not enough to keep your child safe. You need to also use the safety straps.
- Keep the high chair away from walls, counters, and tables.
- Stay with your child at all times when s/he is in the high chair, just to make sure that s/he is safe in the chair and while eating.

DOWNLOAD THE MAKE SAFE HAPPEN APP

Developed in partnership with the safety experts at Nationwide Children's Hospital, the app helps you make your home safer. Get room-by-room safety checklists, link to recommended products, and set reminders.



CONTENT DEVELOPED IN ASSOCIATION WITH:

